

# הגדה לייללים

## A TINY TELLING OF FAIRNESS + FREEDOM

First, we fill our cups!



Before we drink,  
let's take a minute just to think  
that we are lucky to be here  
with safety, comfort, friends held dear.  
Now drink!

Let's wash our hands!

If You Want to Sing Out Sing Out - Cat Stevens  
Imagine - John Lennon  
Stand By Me - Ben E. King  
Last Night I Had the Strangest Dream - Simon & Garfunkel  
Lean on Me - Bill Withers  
Fight the Power - Public Enemy  
Where Have All the Flowers Gone - Pete Seeger  
Blowin' in the Wind - Bob Dylan  
All You Need is Love - The Beatles  
This Little Light of Mine - Raffi  
I Will Survive - Gloria Gaynor  
We Shall Overcome - Pete Seeger  
War - Bob Marley  
Zombie - The Cranberries  
Redemption Song - Bob Marley

The Afikomen has been found?  
Then let's all nibble one more round.  
Let's end the night, give thanks, and cheer  
for a world of peace and love next year!

Don't try to tear this zine apart -  
just flip it over; find the start.  
(You read Haggadot from the right  
and end by singing songs all night!)  
So here's a playlist you can sing -  
it kind of covers everything:

Then take the karpas, dip and taste  
salt water tears for those displaced  
For people who've been hurt in fights  
For those who've lost their human rights  
For friends whose struggles we forget  
For strangers we have never met  
It's our job to have empathy  
Protect each person's dignity  
Be brave if something is unfair  
Stand up for others, show we care.  
Be mindful and show gratitude  
And keep a positive attitude!  
We crossed the desert safe at last,  
and joy would be a selfish thing,  
so dip again and honour those  
who struggle while we're in repose.



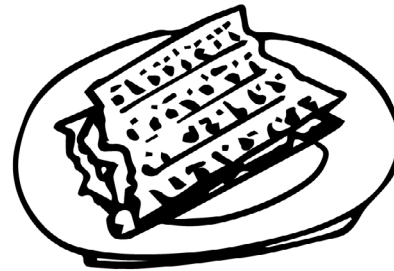
Then take the karpas, dip and taste  
salt water tears for those displaced  
For people who've been hurt in fights  
For those who've lost their human rights  
For friends whose struggles we forget  
For strangers we have never met  
It's our job to have empathy  
Protect each person's dignity  
Be brave if something is unfair  
Stand up for others, show we care.  
Be mindful and show gratitude  
And keep a positive attitude!  
We crossed the desert safe at last,  
and joy would be a selfish thing,  
so dip again and honour those  
who struggle while we're in repose.



Made up of matzah, herbs and dates!

Now sandwiches go on our plates  
He thought since life was bittersweet  
who said to snack like Scooby-Doo!  
He'd add maror, matzot and meat.

Rev Hillel was a famous Jew



And now it's finally time to eat!

Three matzah pieces in a stack:  
Break the middle one. Put half back!  
The other half will hide until  
we've eaten, drunk and had our fill.  
but if you find it you can win  
a prize for the Afikomen!



The Story of Passover

Long ago, our family  
Were made to live in slavery.  
They worked in Egypt night and day,  
but made a plan to run away  
They lived for decades on the run.  
There was no time for anyone  
to stop and rest or bake some bread.  
They worried and were filled with dread.  
They ran and hid across the sea.  
The slaves were safe and finally free.  
Matzah was bread they made in fear.  
Now anyone hungry is welcome here.

The littlest kid has a big part now  
So please stand up and take a bow  
You have a very special task  
These four important things to ask:



Why is this night different from all other nights?

1. Why do we eat bread without yeast?  
(it's very strange bread for a feast?)  
We had to run through the desert with haste!

2. Why does the veg have a bitter taste?

To remind us of when things weren't so nice!

3. Why do we dip our food in twice?

The Karpas in water stands for tears.  
The Maror in Charoset, sweeter years.

4. Why do we eat while we recline?

We're free now - slaves stood up to dine



Let's fill our cups and keep in mind  
That we're all friends and should be kind.

Let's wash our hands again!

Let's think of things that aren't fair  
and spill some wine to show we care

Being hurt in a fight  
Being caught in the middle  
Not having enough food  
Not having any money  
Not having any place to live  
Being bullied  
Being treated unfairly  
Feeling left out because you're different  
Not caring about other people  
Feeling unsafe

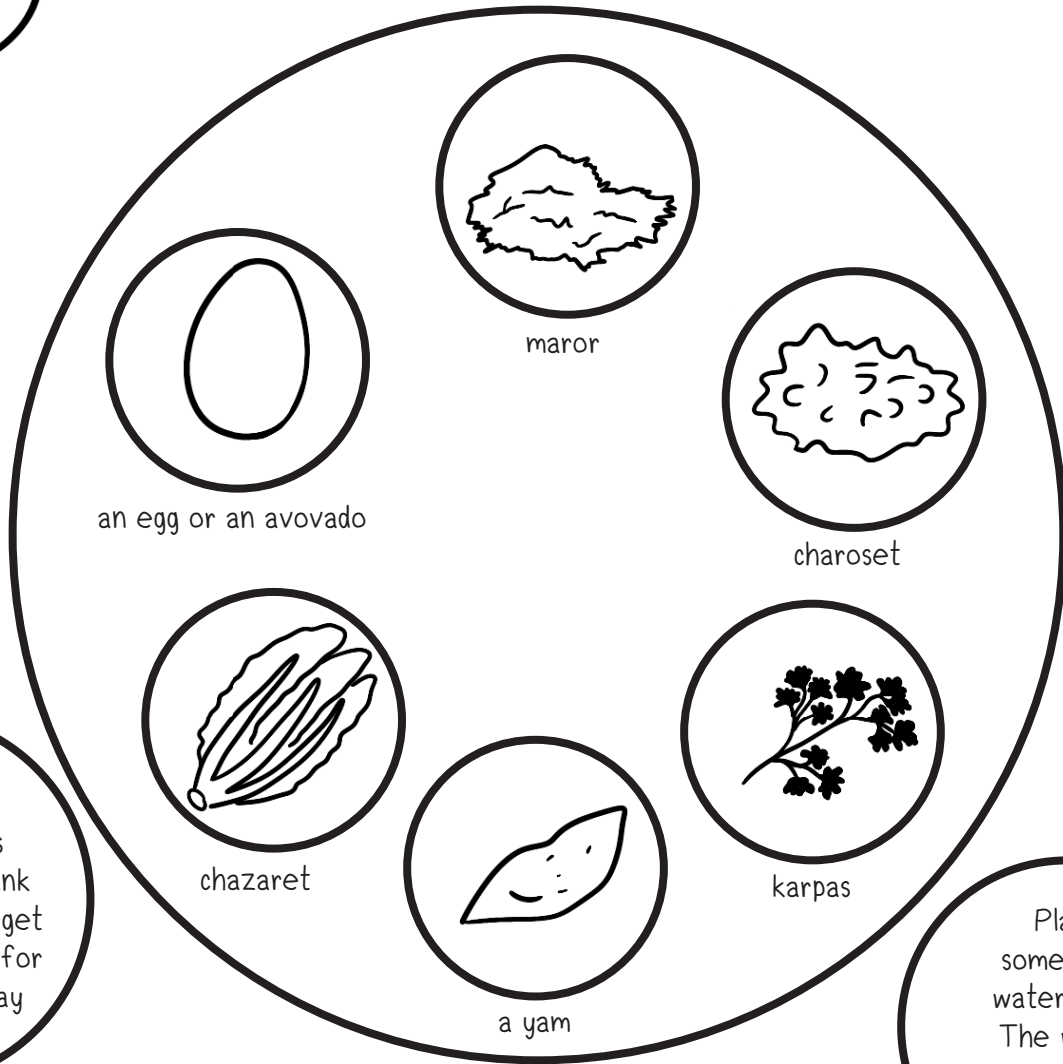
Haggadah for Kids: A simple, secular social justice Haggaddah that rhymes. You are welcome to share it. By Chella Quint 2015.

Three matzah pieces in a stack.  
Break the middle one.  
Put half back!  
The other half will hide until  
we've eaten, drunk  
and had our fill.  
But if you find it,  
you can win  
a prize for  
the afikomen!



(And if you don't believe in ghosts, just raise each glass and make two toasts!)

Choose juice or wine to fill your cup. Do this four times and drink it up. And don't forget to pour two spare for ancestors who may be there!



an egg or an avovado

maror

charoset

chazaret

a yam

karpas

Place some salty water here. The water represents each tear.

# Seder Plate